

# ALTERNATIVE HEALTH

## Berkeley Free Clinic Referral List

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8/20/2009

### CANCER

#### ALAMEDA COUNTY

##### OAKLAND

#### Charlotte Maxwell Complimentary Clinic Oakland

610 16th Street, Suite 426

601-7660

Acupuncture, homeopathy, massage, herbal medicine, visualization, nutrition, social work, and counseling for women with cancer. Services in spanish and chinese.

### CHINESE AND HERBAL MEDICINE

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#### Karyn Sanders

530-468-4342

[cohosh.karyn@gmail.com](mailto:cohosh.karyn@gmail.com)

Native American/Western herbalist. Has her own radio show.

#### ALAMEDA COUNTY

##### BERKELEY

#### Acupuncture and Integrated Medicine

2550 Shattuck Av.

666-8234

Student clinic of a school. Price depends on what level of student is providing the services. Thurs is ear day and the cost is \$5. Tues is community day and cost is \$20. otherwise cost is \$20-35.

##### OAKLAND

#### Academy of Chinese Culture and Health

1601 Clay St.

763-1299

Offers traditional Chinese medicine and acupuncture. Accept medi-cal for up to 2 visits per month. Sliding scale as low as \$20. Herbs cost \$3-\$15.

#### Chi Nei Tsang Institute

481 36th St.

848-9558

Institute of Chi Nei Tsang, a type of traditional Chinese massage that focuses on the internal organs and serves to detoxify the body and strengthen organ systems. Prices are set by practitioners.

#### Pacific School of Herbal Medicine

510-924-2045

[www.pshm.org](http://www.pshm.org)

school that specializes in western herbal medicine. Classes and consultations-call for fees.

#### SAN FRANCISCO COUNTY

##### SAN FRANCISCO

#### American College of Traditional Chinese

450 Conneticut St.

415-282-9603

college of Chinese Medicine. Various services are provided by students. Mon-Thurs there are free ear-point acupuncture clinics geared towards remedying addictions. Every other semester there is massage class on wed from 2-4 for \$10 massage.

--- **Scarlet Sage Herb Company**

1173 Valencia St.

415-821-0997

Retail store selling high-end botanical medicines. Extremely knowledgeable staff.

## CHIROPRACTICS

### ALAMEDA COUNTY

#### HAYWARD

--- **Life West Chiropractic College**

25001 Industrial Blvd

780-4567

4020

780-4567

4380

Clinic of Chiropractic college. Initial visit is \$65. Follow-up visits are \$25.

#### OAKLAND

--- **Joan Margaret's Medical Office**

6536 Telegraph Ave. , Suite A-102

510-658-9066

Chiropractic, Allergy specialist, shamanic journeying, body workers of various types, kinesiology, nutrition. First appt. \$160/hr or \$80/half hr. No insurance excepted, tho maybe reimbursed depending on individual insurance.

## HIV

### SAN FRANCISCO COUNTY

#### SAN FRANCISCO

--- **Immune Enhancement Project Clinic**

3450 16th Street

415-252-8711

Project focused on enhancing the immune system. Focus is on clients with HIV but may also be helpful for those afflicted with CFS, Epstein-Barr Virus, hepatitis, cancer, and immune disorders. Free ear acupuncture on Wednesday and Friday afternoons, at two different locations. (Search for those under the same org.) Also offer traditional Chinese medicine and massage therapy. \$50-70 Massage \$60 for Acupuncture

--- **Immune Enhancement Project Eureka Street Division**

150 Eureka Street RM 104

Look under IEP for more info: Free Ear Acupuncture

--- **Immune Enhancement Project Howard Street Division**

125 Howard Street

See Under IEP: Free Ear Acupuncture

--- **Quan Yin Healing Arts Center**

455 Valencia Street

415-861-4964

Acupuncture and Chinese Medicine for HIV+, Viral Hepatitis, Massage services. Sliding Scale, special rates for Students, Volunteers, and Seniors. Insurance, Worker's Comp, Medi-Cal accepted.

Massage Rates: \$32 for 30 min, \$42 for 45 min, \$52 for 60 min, \$72 for 90 min

## HOMEOPATHIC THERAPY

### SAN FRANCISCO COUNTY

#### SAN FRANCISCO

--- **Lori Nairne, RN**

2104 Hayes St. (at Cole)

415-934-0720

Low cost homeopathy, address dubious. Give call!

--- **Lyn Farrugia**

25th & Sanchez

415-643-4700

Homeopathic Medicine. Call to leave msg to get info and make appt.

## MASSAGE

### ALAMEDA COUNTY

Have questions? Call the IRC at the Berkeley Free Clinic (510) 548-2570

## EMERYVILLE

### --- National Holistic Institute

5900 Hollis St

A massage school offering low-cost massage done by students.

547-6442

## OAKLAND

### --- Reiki Center of the East Bay

1223 21st Street

Reiki Massage. 1st Saturday of the month is free. Otherwise sliding scale.

653-9884

## MEDICAL MARIJUANA

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### --- CAnorml website/referrals

[www.medicalcannabiscaregivers.org](http://www.medicalcannabiscaregivers.org) [www.canorml.org](http://www.canorml.org)

Information and referrals about Medical Marijuana. Nice and simple. A related website (medicalcannabiscaregivers) helps find by zipcode doctors who will recommend Medical Marijuana

## ALAMEDA COUNTY

### BERKELEY

#### --- Berkeley Cannabis Coop

Shattuck Avenue btw. Prince and Woolsey

[www.compassionatecoalition.org/coops/ebay](http://www.compassionatecoalition.org/coops/ebay)

Manufactures ID cards

486-1025

#### --- Berkeley Patients Group

2747 San Pablo Ave

[www.berkeleypatientsgroup.com](http://www.berkeleypatientsgroup.com)

Provide access to medical marijuana in addition to yoga, massage and acupuncture among other services. One can join in person or by fax to 510-540-6058, but it is necessary to have a doctors recommendation and the registration form from their website.

510-540-6013

#### --- Dr. Frank Lucido

2300 Durant Ave.

[www.drfranklucido.com](http://www.drfranklucido.com)

A doctor with a private practice. He does medical marijuana appointments. He takes Medi-Cal

510-848-0958

## OAKLAND

#### --- Oakland Cannabis Buyers' Cooperative

1733 Broadway

[osbc@rxcbc.org](mailto:osbc@rxcbc.org) [www.rxcbc.org](http://www.rxcbc.org)

Provides medical marijuana identification card for those with serious illness and disabilities only. Membership fee is \$35 for one year and \$25 for renewal. They also provide classes on how to grow medical marijuana, call for time and location.

510-832-5346

## SAN FRANCISCO COUNTY

### SAN FRANCISCO

#### --- Medical Marijuana Physician Evaluations

450 Sutter St. Ste 1415

[www.potdoc.com](http://www.potdoc.com)

An initial fee of \$250 covers 6 months that includes a basic exam and a medical cannabis legal certification to obtain, possess and cultivate marijuana. You should bring in all potentially relevant documentation about illness or chronic pain to substantiate need for medical marijuana. After the first six months the fee drops to \$135 for 12 months.

415-681-0823

888-768-3627

## MULTI-SERVICE HOLISTIC HEALTH

## ALAMEDA COUNTY

Have questions? Call the IRC at the Berkeley Free Clinic (510) 548-2570

**BERKELEY**

**Ashby Center of Complementary Medicine**

2615 Ashby Ave.

843-5000

[www.martileekennedy.com/](http://www.martileekennedy.com/)

Acupuncture, including specialists in women's health and allergies. Low cost for students, seniors, and unemployed: \$50/session. Otherwise \$80.

**SUBSTANCE USE SERVICES**

**ALAMEDA COUNTY**

**BERKELEY**

**Lifelong Medical Care Berkeley Primary Care acupuncture**

2001 dwight way rm 1382

204-4666

[www.lifelongmedical.org](http://www.lifelongmedical.org)

acupuncture detox for alcohol and drugs in the ears. full body acupuncture M, Th by appt from clinic MD  
Arrive at 9:30 if first time.

**OAKLAND**

**AIDS Project of the East Bay Casa Segura/The Safe House**

5323 Foothill Blvd

510-434-0307

[apeb.org](http://apeb.org)

Harm Reduction services including acupuncture, herbalist, wound and abscess care, HIV testing, case management, and drop-in center