

CRISIS MENTAL HEALTH REFERRALS

8/20/2009

Berkeley Free Clinic Referral List

This sheet covers resources for people in times of mental health crisis. The main referral set outlines specific entry points into community mental health system for the East Bay. The main referral set also includes statewide and national resources. For San Francisco crisis mental health resources, please refer to www.freeprintshop.org/download/mental_english.pdf for the most comprehensive list of referrals.

CLINICS

--- **Alameda County Access** mental health/ drug help

800-491-9099

www.alamedasocialservices.org/public/services/medical_care/

referrals to Alameda County community mental health centers for adults and children with and without insurance. Referrals to clinics that take other non-English speakers. will evaluate your needs relating to substance abuse and make an appointment within the county as well

--- **Bay Area Women Against Rape**

845-7273
562-3731

510-845-RAPE
Domestic Violence

Crisis counseling and information for adult and child sexual assault victims

--- **California Coalition for Youth** California Youth Crisis

800-843-5200

<http://www.youthcrisisline.org/volunteer.html>

California Coalition for Youth offers support, encouragement, and referrals to youth needing assistance or in crisis situations. The California Youth Crisis Line is a statewide, toll free, 24-hour, confidential phone line available to young people between the ages of 12-24, and concerned friends and family members. CCY provides crisis intervention counseling on many issues including family problems, sexual assault, eating disorders, teen pregnancy, substance abuse, suicide and more. CCY offers support, encouragement, and referrals to youth needing assistance or in crisis situations. The California Youth Crisis Line connects an average of 12,000 callers with vital resources annually. Agencies as well as young adults from every county in California use the Crisis Line's toll-free number, 1-800

--- **Community United Against Violence (CUAV) Crisis Line**

415-333-4357

www.cuav.org

24-hour Crisis Line: Available 24 hours a day, 365 days a year, our Crisis Line is staffed by our diverse volunteers and staff who annually respond to over 1,200 calls from LGBTQQ people in the Bay Area who are being harassed, threatened, attacked, abused, or stalked.

--- **Crisis Support Services of Alameda** main office

510-420-2460

www.crisissupport.org

main office numer. referrals for groups/counseling for those who are grieving the sudden, traumatic death of a loved one. Support groups for those grieving loss to homicide.

--- **National Crisis Hotline**

800-784-2433 800-SUICIDE

telephone counseling, suicide prevention; they talk to the client for 10-20 minutes, evaluate the situation, refer the clients out to appropriate places. they also have language line available for people who don't speak language. it's completely anonymous

ALAMEDA COUNTY

BERKELEY

Berkeley City **Mental Health Division** Domestic Violence Crisis Line

510-562-3731

www.ci.berkeley.ca.us

domestic violence crisis line

Have questions? Call the IRC at the Berkeley Free Clinic (510) 548-2570

Berkeley City **Mental Health Division** **mobile crisis team**

981-5254
981-5900 ask for mental health

www.ci.berkeley.ca.us

On Call MOBILE crisis intervention for suicide, homicide, threats, drug abuse. (like you can call them instead of the cops if someone is going postal and they'll come deal.) drive around, deliver services throughout the community, trauma and disaster related services. Must be a resident of Berkeley or Albany.

Berkeley City **Mental Health Division** **Rape Crisis Line**

510-845-7273

www.ci.berkeley.ca.us

Rape crisis line

OAKLAND

--- **Berkeley Bi-Polar Support Group**

PO Box 3604

510-594-4030

Support, education, and crisis guidance for people diagnosed with unipolar depression and bipolar affective disorder.

--- **Crisis Support Services of Alameda** **Emergency Hotline**

P.O. Box 3120

800-309-2131 crisis line
800-260-0094 senior and grief

www.crisissupport.org

emergency telephone counseling, suicide prevention and referral.

--- **Sausal Creek** **Outpatient Stabilization**

2620 26th Ave

510-437-2363

mental health crisis intervention-- houses clients for 24 hours or less. provides bed, assessment, crisis counseling, RN social worker, psychiatrist on call, EMERGENCY MEDs (tho not renewing prescriptions), referrals to other clinics that do prescriptions eligibility: must be nonviolent, an Alameda County resident, and 18 or over. No one turned away.

Alameda County Medical Center **Highland Hospital** **Highland Campus Sexual Assault Center**

1411 E. 31Street

510-437-4688
510-534-9290

<http://www.acmedctr.org/sexualassaults.cfm?M1=1&M2=5&M3=0&P=1556> www.acmedctr.org/

The Highland Campus Sexual Assault Center can be reached 24-hours a day at (510) 534-9290 or (510) 534-9291. For information about the Rape Prevention Program or to arrange for a guest speaker, please call (510) 437-4019.

The victims have been as young as 14, as old as 86. The commonality they share is that each has been sexually assaulted. Since 1994, the Sexual Assault Response Team (SART) at Highland's Emergency Department has been available 24-hours-a-day to assist victims of sexual assault. Unlike other local hospitals, sexual assault victims brought to Highland are treated as priority patients by a designated staff member who has specialized training in their care and treatment.

Asian Community Mental Health Services **Oakland** **Asian ACCESS Program**

310 8th St Ste 201

451-6729

www.acmhs.org

Confidential, on-site outpatient mental health care, including assessment, case management/brokerage, crisis intervention, psychotherapy for individuals, groups, and families, and medication therapy services. also serves clients with developmental disabilities, including immigrants and refugees. parenting support, school readiness, and family resource coordination.

SAN LEANDRO

Alameda County Medical Center **John George Psychiatric Hospital**

2060 Fairmont Dr

510-346-1300

www.acmedctr.org/

Alameda county psychiatric hospital. Inpatient and outpatient services, psychiatric emergency services, 5150... walk in crisis clinic. no pharmacy on site.

CONTRA COSTA COUNTY

RICHMOND

--- **Stand Against Violence**

3615 Bissell Ave

510-236-8972

Domestic Violence treatment, group, individual and children's counseling, crisis intervention, emergency shelter, community education and DV prevention, advocacy, legal support.

SAN FRANCISCO COUNTY

SAN FRANCISCO

--- **HIV/AIDS Nightline**

800-273-2437 415-434-2437/San
800-028

www.HIVnightline.org

Emotional support line for anything having to do with HIV/AIDS or Hepatitis C (or any other disease). The operators are also knowledgeable in the basics of these diseases.

--- **SF Suicide Prevention**

415-781-0500

Counseling and over the phone assessment

San Francisco DPH General Hospital

415-206-8000

<http://www.sfcdcp.org>

San Francisco General Hospital is a licensed general acute care hospital within the Community Health Network, which is owned and operated by the City and County of San Francisco, Department of Public Health. SFGH provides a full complement of inpatient, outpatient, emergency, skilled nursing, diagnostic, mental health, and rehabilitation services for adults and children. It is the largest acute inpatient and rehabilitation hospital for psychiatric patients in the City. Additionally, it is the only acute hospital in San Francisco that provides twenty-four hour psychiatric emergency services and operates the only Level I Trauma Center for 1.5 million residents of San Francisco and northern San Mateo County.