

# GENERAL MEDICAL PRIMARY CARE CLINICS

8/20/2009

## Berkeley Free Clinic Referral List

Primary Care Referrals in the Bay Area

### CLINICS

#### ALAMEDA COUNTY

##### ALBANY

##### --- El Cerrito Medical Group

500 San Pablo Ave. Ste 400

510-524-4070

a private general medical clinic. there is a one month wait for general medical appointments, but they have drop-in, same-day urgent care appointments available, including stitches, casts, etc. Spanish and Laotian translation available. \$109 for first appointment plus any tests, \$85 per appointment for subsequent ones. general physicals range from \$165-\$200, varies based on age, expensive shit.

The only Medi-cal they accept is Contra Costa Medi-cal. Prescriptions are written on site, but must be picked up at an outside pharmacy.

##### BERKELEY

##### Lifelong Medical Care Member Services

2344 Sixth St

510-704-6010

<http://www.lifelongmedical.org> [www.lifelongmedical.org](http://www.lifelongmedical.org)

New patients must call member services to start receiving services at any Lifelong Clinic, including:

**Berkeley Primary Care, Dental Clinic, Downtown Oakland, Over 60 Health Center, and West Berkeley Family Practice**

The Member Services Department ensures health services coverage for as many patients as possible and assist people in knowing about programs like: Family PACT, CARE, AIM, CMSP and/or insurances such as Medi-cal, Medicare, Senior HMO's, Healthy Families, Healthy Kids, and Group Care. **Current Wait Time:** 5+ months for uninsured (as of 6-22-2009)

##### Suitcase Clinic General Main Clinic

2407 Dana St, (1st Presbyterian Church)

848-6252

x510

643-6786

Answering Machine

[general@suitcaseclinic.org](mailto:general@suitcaseclinic.org) [www.suitcaseclinic.org](http://www.suitcaseclinic.org)

Medical, chiropractors, optometry, dental, legal (usually), case management, representative from Jobs Consortium, hairstyling, footwashing, massage, socks provision, health education and hygiene supplies. There are also Continuity of Care Advocates, to ensure clients receive care at other clinics if not possible at Suitcase. Availability of all service varies. Arrive between 6 and 6:30, intake begins at 6:30pm, first come, first serve. Optometry is by lottery. Second time arrivals receive preference.

##### OAKLAND

##### --- Asian Health Services Medical Clinic

818 Webster St

986-6880

[www.ahschc.org](http://www.ahschc.org)

Sliding scale is done with CMSP (county medical services program). if you don't have insurance, it is basically required that you sign up for CMSP.

##### --- Clinica la Luna y el Sol

1480 Fruitvale ave

534-5600

<http://www.clinicalalunayelsol.com/>

Comprehensive general medical clinic. No x-rays. First visit \$80. thereafter \$40. lab work, etc, is extra. Medications sold below walgreen's price. Prescriptions will be written and given if you have insurance. Spanish.

Limited services for transgender persons although they may be expanding services in latter part of 2008 (TG Clinic Night in development).

Offers both TB (\$55) and physicals.

Have questions? Call the IRC at the Berkeley Free Clinic (510) 548-2570

**--- San Antonio Health Center**

1030 international blvd

238-5400

Drop-in ONLY for registered clients. Can register 5 uninsured people/families per month. Call last week of the month for eligibility. Prescriptions are written and provided on site.

**Alameda County Medical Center Eastmont Wellness Center Adult Medical**

6955 Foothill Blvd ste 200 (Eastmont Town Center)

567-5700

[www.acmedctr.org/](http://www.acmedctr.org/)

Adult Medical Clinic. General services by appointment. You must be an Alameda county resident

TB test: \$74

**Healthy Communities Healthy Oakland Save A Life Wellness Center**

2580 san pablo ave

444-9155

[www.healthycommunities.us](http://www.healthycommunities.us)

This is a low cost clinic that serves, uninsured/in need people, a nurse practitioner does the appointments in the evenings. A doctor and Physicians Assistants run things during the day. Physical \$40, DMV physical \$60, TB test \$14, Pregnancy Test \$14. For 9 - 1 pm drop ins, you MUST SHOW UP at 9am to be seen.

**La Clinica Clínica Alta Vista General Medical**

1515 Fruitvale Ave

535-6300

[http://www.laclinica.org/clinics\\_CAV.shtml](http://www.laclinica.org/clinics_CAV.shtml) [www.laclinica.org](http://www.laclinica.org)

For 12-20 year olds. Homeless youth are ok. Must register first. General Medical, immunizations, HIV testing, reproductive health, counseling, social services, family planning, tobacco cessation counseling, social services. Can occasionally make room for urgent appointments.

**La Clinica Fruitvale Village medical section**

3451 East 12th st

535-4000

[www.laclinica.org/sites\\_tv.html](http://www.laclinica.org/sites_tv.html) [www.laclinica.org](http://www.laclinica.org)

NOT TAKING NEW PATIENTS AS OF January 2009.

General medical care. Call for registration. UNINSURED can ONLY register the last Monday of each month. Otherwise, you must have some state or private insurance. sliding scale for uninsured. URGENT appointments are available, sometimes same day. Prescriptions are written and provided on site.

**Native American Health Center Oakland Seven Directions Medical**

2950 International Blvd.

510-535-4400 Registration

[www.nativehealth.org](http://www.nativehealth.org)

Provides basic health care for adults and children; sensitive services for teens; diagnosis and treatment for acute and chronic conditions; general pediatric care, including well-child services and immunizations; routine physical examinations for general health maintenance or employment; health education; and smoking prevention/cessation education. Also: ongoing health care through pregnancy, full lab services, prenatal and childbirth education classes, newborn and well-baby care.

Offers physicals and TB tests.

**Order of Malta Western Association Order of Malta Oakland Clinic**

2121 Harrison Street

510-587-3000

[www.cpctl.org](http://www.cpctl.org)

See only uninsured; there's an honor system requiring clients to sign a form declaring they have no insurance. Lab work, prescriptions, check blood pressure, check/treat diabetes, chronic concerns, out-source x-rays. Door locked - tap to be seen. Drop in available, appointment preferred.

**West Oakland Health Council** **West Oakland Health Center** **Medical**

700 Adeline Street

835-9610

[www.wohc.org](http://www.wohc.org)

This is the main clinic of the West Oakland Health Council. New clients should call here first to get appointments at:

**Here, East Oakland Health Center or Albert J. Thomas Medical Center**

Drop-in happens Mon, Wed, Fri beginning at 8:30a and serves the first 10 people (adults) DO NOT NEED TO BE MEMBERS, JUST NEED CA ID. Must be URGENT. Sliding Scale is generally 10% of monthly income. If it is NOT urgent wait is 2-3 months for membership. Prescriptions are written and provided on site.

Offers both TB tests (sliding scale) and physicals.

**PLEASANTON****Axis Community Health** **Pleasanton** **Adult/Internal Medical Services**

4361 Railroad Avenue

925-462-1755 Appointments

By appointment only. Some services are free and some are by sliding scale.

Internal medicine. Physicals (employment, disability, DMV, pre-operative, etc.) ER visit follow-ups. Immunizations, Flu shots, TB tests.

--

TB Tests:

M-F (EXCLUDING Thursday): 9-11 AM, 1-4 PM

**CONTRA COSTA COUNTY****RICHMOND****Contra Costa Health Services** **Richmond Health Center** **medical**

100 38th St

800-495-8885

510-231-8555

[www.cchealth.org/services/richmond\\_center/](http://www.cchealth.org/services/richmond_center/) [www.cchealth.org](http://www.cchealth.org)

County-sponsored general medical clinic. They have both primary care and specialty care physicians, but no longer have a pharmacy on site. They will write prescriptions on site but will send you out to a pharmacy for pick up.

**SAN FRANCISCO COUNTY****SAN FRANCISCO****---** **Northeast Medical Services** **General Medical**

1520 stockton street

415-391-9686

[www.nems.org](http://www.nems.org)

Large medical clinic, must become a MEMBER to get services, but you can become a member within a day. Offers internal medicine, pediatrics, OBGYN, family practice, allergy, cardiology, ear nose throat, radiology and ophthalmology. Ancillary services such as mental health, podiatry, nutrition, pharmacy, lab, and social services. Prescriptions are written and provided on site.

**---** **San Francisco Free Clinic**

4900 California St.

415-750-9894 Appts. taken 1-4:30 p.

[www.sffc.org](http://www.sffc.org)

Must be without insurance of any kind. Appointments only. Preventative care: cancer, diabetes and heart disease screening. Childhood and adult vaccinations. Family planning and contraceptive counseling. STD testing and treatment. Well child care, monitoring of childhood growth and development. Treatment of acute and chronic medical problems. Non-emergency. On-site social work services. Staffed by volunteer physicians and students. Some specialists provide services. Prescriptions are written on site, but must be picked up at an outside pharmacy.

**San Francisco DPH** **General Hospital** **General Medical Clinic**

1001 Potrero Avenue

415-206-8492 Appointments

<http://www.dph.sf.ca.us/chn/HlthCtrs/Childrens.htm> <http://www.sfcdcp.org>

Adult Medical Center. Ambulatory care facility providing comprehensive primary care and medical specialty services to persons over eighteen years of age. Patients seen for purposes of receiving primary medical care or on referral to specialty clinics for evaluation of severe pathology resistant to standard care.

Primary medical care is provided (located in the 1M clinic in the SFGH main campus building) with ten half-day clinics each week, and five medical screening clinic sessions are held each week. Medical specialty care includes cardiology, dermatology, renal, rheumatology, chest, diabetes, endocrine, pain consultation, and behavioral medicine.

Have questions? Call the IRC at the Berkeley Free Clinic (510) 548-2570

**St. Anthony (SF) Free Clinic Medical**

121 Golden Gate Ave.

415-241-8320

[www.stanthonysf.org/services/services-clinic.html](http://www.stanthonysf.org/services/services-clinic.html) [www.stanthonysf.org](http://www.stanthonysf.org)

Provides primary and urgent care services to children and adults who have no health insurance or limited access to health care. Registered Nurses, Medical Assistants, Health Educators, Nurse Practitioners, Pediatricians, Mental Health Providers, and Medical Doctors staff the Clinic. The Clinic offers specialty services on site such as Podiatry, Allergy/Asthma Services, HIV testing and counseling, acupuncture and yoga and stress management.

**INFO AND REFERRALS FOR MEDICAL**

---

---

**Alameda Alliance**

895-9355

[alamedaalliance.org](http://alamedaalliance.org)

referral organization for doctors, clinics, hospitals. general health advocate for low income folks of alameda county.

**Alameda County Public Health Department public health clearinghouse**

888-604-4636

[www.acphd.org/user/about/about\\_clearinghouse.htm](http://www.acphd.org/user/about/about_clearinghouse.htm)

general referral line for medical services in alameda county

**Alameda-Contra Costa Medical Association**

654-5383

[www.accma.org](http://www.accma.org)

find an area physician that fits your language, location, and specific medical requirements. primarily for those with private insurance. click on "physician locator" if you are on the internet. Does NOT help with insurance specifics searches.

**Bay Area Progressive Directory website**

<http://www.bapd.org/>

An index to about 1200 organizations in the San Francisco Bay Area that are related to progressive activism and/or helping out disadvantaged people, plus links to related web sites elsewhere. This is a pretty expansive and interesting website covering all sorts of different topics.

**Eden I&R Online Referral Database**

<http://www.alamedaco.info/resource/find.cfm?subpage=1>

This is the database that the BFC IRC subscribed to for a while in years past. It looks like the database is online and it's SWEET. It has a limited range, not many referrals for San Fran.

**HelpLink**

800-273-6222

Provides comprehensive confidential regional information and referral service to anyone needing information about nonprofit health and human services in the Bay Area. Uses BRAIN database (Bay Area Regional Agency Information Network) to provide information. Can provide information on local support groups.

**California DPH medi-Cal program**

800-541-5555

<http://www.medi-cal.ca.gov/> <http://my.ca.gov/>

medi-Cal referrals and internet for information on Medi-Cal. Medi-Cal eligibility: 65 or older; blind; disabled; under 21; pregnant. There are no lists of doctors who accept medi-cal on this site.

**ALAMEDA COUNTY**

**BERKELEY**

**Berkeley Free Clinic Information Resource Collective**

2339 Durant Ave

510-548-2570

800-625-4642 1-800-6CLINIC

[www.berkeleyfreeclinic.org](http://www.berkeleyfreeclinic.org)

Referral Service for all sorts of health services in the Bay Area and beyond. Also the information and appointment taking line for the Berkeley Free Clinic.

Have questions? Call the IRC at the Berkeley Free Clinic (510) 548-2570

**Berkeley City Public Health Clinic El Centro**

830 University Avenue

510-981-5370

510-981-5321

[www.ci.berkeley.ca.us](http://www.ci.berkeley.ca.us)

El Centro provides free assistance with MediCal and Healthy Families applications. We also provide referral and counseling services to all, including the Spanish speaking community in Berkeley.

**Berkeley City Public Health Clinic Nurse of the Day**

830 University Avenue

981-5300

981-5350

[www.ci.berkeley.ca.us](http://www.ci.berkeley.ca.us)

Advice Nurse. ALSO: for people with positive TB skin tests. Helps make quick appointment for TB chest X-rays. Hours for Berkeley resident with no insurance are Monday through Friday 8a-12p, 1p-5p. Call in or drop in. If you have insurance you will be referred to a private hospital

**SAN FRANCISCO COUNTY**

**SAN FRANCISCO**

**--- HIV/AIDS Nightline**

800-273-2437 415-434-2437/San  
800-028

[www.HIVnightline.org](http://www.HIVnightline.org)

Emotional support line for anything having to do with HIV/AIDS or Hepatitis C (or any other disease). The operators are also knowledgeable in the basics of these diseases.

**San Francisco DPH Information General City Services**

415-206-5166

[http://www.sfgov.org/site/citizen\\_index.asp?id=14506](http://www.sfgov.org/site/citizen_index.asp?id=14506) <http://www.sfcddcp.org>

Web information for social services in San Francisco.

Hotline for locating City-run clinics in specific areas.