

# East Bay YOUTH REFERRALS

## **Medical Services**

**Clinica Alta Vista** (Teen Clinic satellite of Clinica de la Raza). 3022 East 14<sup>th</sup> Street, Suite 600, Oakland, (510) 535-4230 Open 9-5:30pm Mon-Fri. Provides general medical services for teens age 12-19, including physicals, prenatal care, HIV testing and counseling, and pregnancy testing. Parental consent is not required. Spanish speakers available. Fees: sliding scale and Medi-Cal accepted

**Planned Parenthood** 482 West MacArthur Blvd, Oakland. (510) 601-4700 Hours: 9-5 Mon-Fri also one at #10 Eastmont Mall, Oakland, (510) 613-8085. Offers routine STD, HIV and pregnancy testing. Also do GYN exams, family planning, abortions, and morning after pill. Fees: sliding scale and Medi-Cal

**Tiger Medics Youth Services** 2647 International Blvd, Rm 419, Oakland. (510) 261-6096 Hours: 9-5 Mon-Fri

Medical care: immunizations, prenatal care, STD screening and treatment, HIV testing and counseling, and dental screenings for youth over the age of 9. Other services: drug diversion programs, counseling for youth and their families, and violence prevention. Fees: **free!**

**Youth Suitcase Clinic** @ St. Mark's Church, 2300 Bancroft b/t Dana and Ellsworth. (510) 643-6786 (answering machine). Open Mon. nights 5:30-9:30. Hot food (dinner 7:30), acupuncture, STD testing, general health care, optometry/dental referrals, foot washing, social services, socks, movies, video games.

## **Shelter/Transitional Housing**

**A Safe Place** (510) 636-7233. 24hour emergency safe housing for battered teenagers; response to domestic violence calls.

### **Alameda County Youth Shelter**

In Oakland, near Berkeley border To secure a reservation, page Norma: (510) 840-9937 or Jen: 840-1478

Emergency overnite shelter from 10pm-8am for homeless youth ages 13-17.

**BOSS Youth House** 2065 Kittredge St. #E, Berkeley. (510) 601-8966

**Bay Area Rescue Mission** 200 MacDonald Avenue, Richmond. (510) 215-4555

**Food Not Bombs** Channing at Bowditch (People's Park), Berkeley  
free vegetarian lunches every Mon-Fri 2:30pm; Sun 14<sup>th</sup> and Jefferson, Oakland

### **Chaplaincy to the Homeless Youth Drop In Center**

2345 Channing at Dana, Berkeley. (510) 548-0551

Hours: 10-4pm Tu-Th

Resources and daytime drop-in offering health care, counseling, and job preparation for runaway teens. Free food

**AMASSI** 222 14<sup>th</sup> Street, 2<sup>nd</sup> Floor, Oakland. (510) 588-5900 Shelter for homeless queer youth. Inquire about youth house.

**Xanthos, Inc.** 1335 Park Avenue, Alameda. (510) 522-8363

Temporary emergency shelter, crisis intervention, advocacy, and referrals for youth 24 and below

## **Employment**

**Vallecitos C.E.T** 3264 Adeline Street, Berkeley. (510) 547-8550. Mon-Fri 8-5. Onsite job training for youth ages 16-24. Skill taught include word processing, electronics, shipping and receiving, and data entry. Must be low income and live in Berkeley, Albany, Emeryville or Alameda.

**Youth Employment Partnership, Inc.** 1411 Fruitvale Ave. Oakland. (510) 533-3447. Mo-Fri 9-5.

Free training and placement programs for Oakland youth, ages 14-29. Including: computer skills, building deconstruction, GED preparation. Free childcare provided.

## **Harm Reduction**

**NEED:** Call for times and locations 678-8563. Needle exchanges on the street. Wound Care Clinic Hearst and San Pablo, Berkeley. Thursdays, 6-8pm. Free, non-judgmental treatment of abscesses, ulcers and chronic wounds

**Casa Segura/Safe House** 3229 San Leandro Blvd. Oakland, (510) 437-8899. Call for dates and times of specific services

Services include HIV testing, abscess and wound care, needle exchange, Hep C testing, and harm reduction case management, women's services

## **Counseling and Advocacy Services**

**Youth Link** 1-877-YOUTH-411 or locally (510) 727-9559 Hours: Mon-Fri 10-7pm

Provides information and referrals on anything youth-related, including counseling services, tattoo removal, child care, job training, and others. Free and confidential.

**Berkeley Youth Alternatives 1255 Allston Way, Berkeley. (510) 845-9010 Hours: 7:30am-6pm**

Counseling, tutoring, referrals, childcare, job training and youth employment program, and legal assistance for youth under 17.

Fees: free; childcare on sliding scale

**The Pacific Center 2712 Telegraph, Berkeley. (510)548-8283 Hours vary**

A gay and lesbian community center offering a variety of peer support groups, referrals, HIV counseling individual counseling, and social events, all for LGBT youth.

Fees: from free to low-cost, depends on ability to pay

**Sexual Minority Alliance of Alameda County (SMAAC) 1738 Telegraph Ave, Oakland. (510) 834-9578 Hours:2-8pm Tu-Sa**

Drop in center for queer youth, offering mentoring and support services, referrals, and **HIV testing**. All services free

**Berkeley Free Clinic 2339 Durant Ave, Berkeley. (510) 548-2570. Open 3-9pm Mon-Fri call for additional hours.**

Offers free information and referrals on lowcost medical, social and mental health resources in this area. Free confidential peer counseling Tue & Wed 6:45pm, drop-in.

**Youth Friendly HIV test sites—anonymous and free**

**Berkeley City Health Department** 830 University Avenue @ 6<sup>th</sup> street, Berkeley. (510) 644-8571. Drop-in Wed. 6-8:30pm, Sat 1-3:30pm

**Planned Parenthood** 482 W.MacArthur Blvd, Oakland. (510) 601-4700. Mon-Fri. 9-5pm

**SMAAC** 1738 Telegraph, Oakland. (510) 834-9578 Tue-Th, 2-8pm.

**Berkeley Free Clinic** 2339 Durant Ave. Berkeley (510) 548-2570. Drop in for men and women Sundays 5-7pm; drop-in for women only on Saturdays 12-2pm.

**Information and Crisis Hotlines**

Alameda County Advice Nurse: (510) 437-8341. Mon-Fri 8:30-4:30pm. Free

Eden I&R YouthLink **1-877-YOUTH-411** Mon-Fri 2-9pm.

Morning After Pill **1-888-668-2528** Information and referrals in your area

Abortion Access **1-800-376-4636**. Referrals for emergency abortions regardless of age or income

National STD Hotline **1-800-227-8922**, Mon-Fri 8am-5pm

Gay Youth Talkline: **1-800-246-PRIDE** Mo-Sa 6-9:30pm. 24hour info line

Lucille Packard Teenage Health Resources: **1-888-711-8336**. Daily 7am-11pm

Youth Law Center/SF **1-415-543-3379** Mon-Fri 9-5 Legal resources for youth

HPV Hotline **1-877-HPV-5868** Mon-Fri 11am-4pm (toll free)

National Child Abuse Hotline **800-422-4425** Reporting Line & Referral Service

**The following are 24 hour hotlines:**

California Youth Crisis Line. **1-800-843-5200**

National Runaway Switchboard. **1-800-621-4000**

Crisis Support Services (510) 849-2212. Suicide prevention, crisis counseling

Bay Area Women Against Rape Crisis Hotline (510) 845-RAPE

County Child Abuse (510) 483-4300

YMCA Teen Hotline (510) 436-4357

HIV/AIDS National Hotline **1-800-342-8181**

Second Chance Inc. (510) 792-HELP. Shelter, drug addiction recovery services

**Berkeley Free Clinic <2339 Durant Ave., Berkeley, CA 94704>**

**(510) 548-2570 or 1-800-6-CLINIC**

**E-mail: [bfc@lanminds.com](mailto:bfc@lanminds.com) Homepage <http://users.lanminds.com/~bfc>**